

DIPLOMA

Open European Masters' 3000 m Virtual Challenge

01-30 September 2020



Road to Madeira
Virtual Race Series



EUROPEAN MASTERS ATHLETICS

May 5km	June 10km	July 1 mile	Aug HM	Sept 3km	Oct 1500m
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29-31 October 2020 – Road and Cross Country Championships
6-8 November 2020 – Trail and Mountain Running Championships

Age Graded National Teams – 3000 m

Silber Medalist GER

78.39%

Michael Lang (84.17%), Sabine Weiss (84.01%),
Norbert Schneider (83.55%), Simone Braun (82.36%),
Alfred Hermes (79.84%), Udo Walz (79.30%),
Volker Spreitz (77.84%), Robert Rohregger (76.94%),
Hans Freundt (76.06%), Marcel Frank (75.14%),
Ronny Meißner (70.86%), Werner Prem (70.62%)



Kurt KASCHKE – EMA President

October 1, 2020

